

Friday Recreation Pool - SPRING

	Deep End					Shallow End							
6:00	Masters Swim Team 6am -7:30am												
7am													
7:30													
8:00	Closed to Public 7:30am-10:30am												
8:30													
9:00													
9:30													
10:00													
10:30													
11:00	Public Lap Swimming					Water Aerobics 11am - 12pm							
11:30													
12pm													
12:30													
1:00													
1:30													
2:00													
2:30													
3:00						Club Swim Team 3:00pm - 5:30pm							
3:15													
3:30													
3:45													
4:00													
4:30													
5:00													
5:15													
5:30													
5:45	H2O Confidence Program 5:30 - 7pm												
6:00													
6:30													
6:45													
7:00													
7:30	Closed to Public												
8:00													